

El Dorado Cross Country

Code of Conduct

1. Conduct him/herself in a responsible and respectful manner
 - a. No swearing
 - b. Encourage teammates at all times
 - c. Exhibit sportsmanship towards all athletes
2. Positive attitude:
 - a. Believe in yourself / Believe in others
 - b. Have inspiring work ethic
 - c. No bullying. No put-downs. Have a positive team attitude.
3. No participating in any form of hazing or initiation at any time
4. No engaging in criminal behavior
 - a. Respect the property of others whether personal or public
5. Be on time or early to all team activities
 - a. All scheduling conflicts need to be addressed and resolved before the first meet of the season.
 - b. If you're going to miss practice with a legitimate excuse, notify Coach Margaret Human. Three unexcused absences from practice = cut from the team. Please Communicate.
 - c. Check out with coaches before leaving. We will stretch in groups each day after running.

Acknowledge that a breach or failure of this Code of Conduct may result in disciplinary action up to and including removal from the EDHS Cross Country Team